

Hebrews 4:12-13 (NIV) ¹² *For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.*

¹³ *Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account.*

1. The Word is the _____ of my faith.

- The Word is the _____ of my faith
- The word has the power to _____ and _____ my life.
- I _____ God's word and I make every effort to _____ what God says to me through it!

2. First and Foremost - I need a _____

Hebrews 4:14-16 (NIV) ¹⁴ *Therefore, since we have a great high priest who has gone through the heavens, Jesus the Son of God, let us hold firmly to the faith we profess.*

¹⁵ *For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are--yet was without sin.*

¹⁶ *Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.*

A. _____ is that person!

Psalms 46:10 (NIV) ¹⁰ *"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."*

Psalms 62:1-2 (NIV) ¹ *My soul finds rest in God alone; my salvation comes from him.*

² *He alone is my rock and my salvation; he is my fortress, I will never be shaken.*

Psalms 91:1 (NIV) ¹ *He who dwells in the shelter of the Most High will rest in the shadow of the Almighty.*

Matthew 11:28 (NIV) ²⁸ *"Come to me, all you who are weary and burdened, and I will give you _____"*

Hebrews 4:1-6 (NIV) ¹ *Therefore, since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it.*

² *For we also have had the gospel preached to us, just as they did; but the message they heard was of no value to them, because those who heard did not combine it with faith.*

³ *Now we who have believed enter that rest, just as God has said, "So I declared on oath in my anger, 'They shall never enter my rest.'" And yet his work has been finished since the creation of the world.*

⁴ *For somewhere he has spoken about the seventh day in these words: "And on the seventh day God rested from all his work."*

⁵ *And again in the passage above he says, "They shall never enter my rest."*

⁶ *It still remains that some will enter that rest, and those who formerly had the gospel preached to them did not go in, because of their disobedience.*

- Because of _____ a generation of Israelites did not _____ the promised land!
- Canaan was a shadow of the ultimate _____ that God has prepared for his people.
- God has a _____ rest for us.
- Be _____ that you do not stop in the _____!

Hebrews 4:7-11 (NIV) ⁷ *Therefore God again set a certain day, calling it Today, when a long time later he spoke through David,*

as was said before: "Today, if you hear his voice, do not harden your hearts."

⁸ For if Joshua had given them rest, God would not have spoken later about another day.

⁹ There remains, then, a Sabbath-rest for the people of God;

¹⁰ for anyone who enters God's rest also rests from his own work, just as God did from his.

¹¹ Let us, therefore, make every effort to enter that rest, so that no one will fall by following their example of disobedience.

- Sabbath Day of the Old Testament was a shadow of Sabbath-rest that we find in _____

Colossians 2:14 (NIV) ¹⁴ *having canceled the written code, with its regulations, that was against us and that stood opposed to us; he took it away, nailing it to the cross.*

Colossians 2:16-17 (NIV) ¹⁶ *Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day.*

¹⁷ *These are a shadow of the things that were to come; the reality, however, is found in Christ.*

- There is a rest for us to live in _____!

Isaiah 28:12 (NIV) ¹² *to whom he said, "This is the resting place, let the weary rest"; and, "This is the place of repose"-- but they would not listen.*

Jeremiah 6:16 (NIV) ¹⁶ *This is what the LORD says: "Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls. But you said, 'We will not walk in it.'*

- We live in the rest that comes from the _____ of Jesus

Matthew 11:28-29 (NIV) ²⁸ *"Come to me, all you who are weary and burdened, and I will give you rest.*

²⁹ *Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.*

★ What does that rest look like?

1. It is living with a deep _____ (John 4)
2. It is living life to the _____ (John 10:10)
3. A life of _____ (John 16:33)
4. A life free from _____ (Romans 8:1-2)
5. It is living with the _____ that whatever happens in my life, God will _____ something _____ out of it. (Romans 8:28-30)
6. Not _____ about anything, and experiencing the _____ of God that transcends all understanding. (Philippians 4)
7. Living with _____ (Philippians 4:10-13)
8. It is living a life of _____ in the face of _____! (James 1:2)
9. It is a life of _____ (1 Peter 1:3-4)

Hebrews 4:11 (NIV) ¹¹ *Let us, therefore, make every effort to enter that rest, so that no one will fall by following their example of disobedience.*

- To "make every effort" is to live a life of _____ to His _____ and His _____
- We enter into this Sabbath-rest by _____